

Exclusive Package for HKGCC

Shenzhen Cross-Border Healthcare Experience Tour





The first stop of this tour is the **Shenzhen Bao'an People's Hospital - Hong Kong-Macau Residents Healthcare Services Center(Grade 3A Public Hospital)**. You will spend 1.5 hours experiencing the complete Mainland clinical workflow firsthand. Upon report issuance within 7-14 working days, you may visit our Hong Kong clinic for report interpretation by a family doctor, experiencing our "Mainland Testing, Hong Kong Interpretation" service.

Key Experience Highlights



Real-world experience at a top-tier Mainland Grade 3A hospital



Cantonese-speaking health assistant throughout, zero language barrier



Report interpretation by HK doctor (In-person or Video), no return trip needed

Two Health Check-up Packages



Standard Version

Ideal for routine annual check-ups; recommended for individuals under 40.



Comprehensive Version

In-depth health screening; recommended for individuals over 40.

Flexible Add-on Options



Fifteen high-demand optional items are available, allowing you to flexibly customize your check-up based on the two core packages.

Service Process



Registration Method



Please scan the QR code on the right to sign up, fill in your basic information and select your preferred health check-up package. After submission, the customer service will contact you within one working day to confirm.



Registration Deadline: August 21, 2026

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"Shenzhen Cross-Border
Healthcare Experience Tour"
Registration Method

Consultation Method



Customer Service Hotline

Hong Kong
(852) 6746 3801

Macau
(853) 6655 6229

Chinese Mainland
400-680-8065

Online Booking



Customer service
WeChat



WhatsApp

Service Hours

Monday to Saturday:
9:00 AM - 6:00 PM

Sunday & Mainland China Public Holidays: Closed
(Messages received during non-service hours will
be replied to on the next business day)

Check-up Details		Standard	Comprehensive
Doctor's consultation Optional consultation with a Hong Kong family doctor Optional video or phone consultation for result explanation	- Pre-checkup health assessment to develop a personalized plan - Includes review of past medical history, family history, and personal health background, with tailored recommendations based on clinical assessment		✓
	Interpretation of check-up results with personalized lifestyle guidance		✓
Full check-up accompanied by a health assistant		✓	✓
Nutritious Breakfast		✓	✓
Imaging Examinations (CT Scan, ECG, and Ultrasound)			
Heart	Resting ECG	✓	✓
Lungs	Low-dose Lung CT Scan		✓
Thyroid	Thyroid Ultrasound	✓	✓
Vascular examination	Bilateral Carotid and Subclavian Artery Color Doppler Ultrasound		✓
Breast	Bilateral Breast Ultrasound		✓ (Female)
Pelvis	Gynecological Ultrasound (Uterus, Adnexa)		✓ (Female)
Prostate	Prostate Ultrasound		✓ (Male)
Urinary System	Ultrasound KUB (Kidneys, Ureters, Bladder)	✓	✓
Abdomen	Abdominal Ultrasound (Liver, Gallbladder, Spleen, Pancreas)	✓	✓
Osteoporosis Risk Assessment	Bone Densitometry (Lumbar Spine and Hip)		✓
Basic Health Assessment			
Basic Examination	Height, Weight, Blood Pressure, Body Mass Index (BMI)	✓	✓
	Internal Examination: Heart Rate, Lung Auscultation, Abdominal Palpation	✓	✓
	Surgical Examination: Skin, Spine, Limbs, Joints	✓	✓
	ENT Examination: Eyes, Ears, Nose, Mouth, Tongue	✓	✓
Blood Test			
- White Blood Cell Count (WBC) - Red Blood Cell Count (RBC) - Hemoglobin (HGB) - Hematocrit (HCT)			

Blood Test

Complete Blood Count (CBC)	▪ Platelet Count (PLT) ▪ Mean Corpuscular Volume (MCV) ▪ Mean Corpuscular Hemoglobin (MCH) ▪ Mean Corpuscular Hemoglobin Concentration (MCHC) ▪ Red Cell Distribution Width – Standard Deviation (RDW-SD) ▪ Red Cell Distribution Width – Coefficient of Variation (RDW-CV) ▪ Large Platelet Ratio (P-LCR) ▪ Mean Platelet Volume (MPV) ▪ Platelet Distribution Width (PDW) ▪ Neutrophil Percentage (NE%) ▪ Monocyte Percentage (%MON) ▪ Absolute Neutrophil Count (ANC) ▪ Lymphocyte Percentage (LY%) ▪ Absolute lymphocyte Count (ALC)	✓	✓
Inflammatory Markers	Erythrocyte Sedimentation Rate (ESR)	✓	✓
Liver Function	▪ Aspartate Aminotransferase, AST ▪ Alanine Aminotransferase, ALT ▪ Alkaline Phosphatase, ALP ▪ Total Bilirubin ▪ Direct Bilirubin ▪ Indirect Bilirubin ▪ Total Protein ▪ Albumin	✓	✓
Renal Function	▪ Serum Creatinine ▪ Blood Urea Nitrogen, BUN ▪ Estimated Glomerular Filtration Rate (eGFR)	✓	✓
Gout	Uric Acid	✓	✓
Diabetes Screening	▪ Fasting Glucose ▪ HbA1c	✓	✓
Blood Lipid	▪ Total Cholesterol ▪ Triglycerides ▪ LDL Cholesterol ▪ HDL Cholesterol	✓	✓
Serum Vitamin D	Vitamin D		✓
Thyroid	▪ Thyroid-Stimulating Hormone, TSH ▪ Free Triiodothyronine, FT3 ▪ Free Thyroxine, FT4		✓
Tumor markers, TM	▪ Alpha-Fetoprotein (AFP) - Liver Cancer ▪ Carcinoembryonic Antigen (CEA) Colorectal Cancer ▪ Epstein-Barr Virus (EBV) Antibody Test - Nasopharyngeal Carcinoma Screening	✓	✓
	Carbohydrate Antigen 19-9 (Digestive tract)		✓
	Total Prostate-Specific Antigen (tPSA)		✓ (Male)

Laboratory Screening

Urine Routine	- Urine Specific Gravity - Urine pH - Urine White Blood Cells (WBCs) - Urine Nitrites - Urine Protein - Urine Glucose - Urine Ketones - Urine Microscopy – Qualitative Protein - Urine Microscopy – Red Blood Cells (RBCs) - Urine Microscopy – White Blood Cells (WBCs) - Urine Casts - Urine Epithelial Cells - Urine Sediment	✓	✓
Cervical Cancer Screening	- Liquid-Based Cytology (LBC/TCT) (Recommended for Sexually Active Women) - HPV Genotyping Test		✓ (Female)
Market Price at Private Hospitals in Hong Kong (HKD)		8,000+	15,000+
The GBA Healthcare Group Market Price (HKD)		2,580	5,380
Promotional Price for HKGCC (HKD)		980	3,280

Health check-up clients may add the following optional items at a discounted rate on the day of the examination. The discounted add-on offers are valid only on the day of the health check-up. Selecting these items separately will apply additional consultation and service fees. Please consult customer service or on-site staff for details.

Items	Promotional Price (HKD)
Low-Dose Non-Contrast Chest CT	329
Bone Mineral Density Measurement (Lumbar Spine + Femur)	230
Carotid Ultrasound + Non-Contrast Brain MRI	738
Echocardiography	317
Thyroid Function Test (TSH, FT3, FT4)	155
Urinary Microalbumin (UMA)	34
Iron Studies, Vitamin B12, and Folic Acid Assay	177
Helicobacter pylori (C13 Urea Breath Test)	138
Allergen Testing	460
Bilateral Breast Color Doppler Ultrasound	144
Gynecological Color Doppler Ultrasound (Uterus and Adnexa)	144
Cervical Liquid-Based Cytology (LBC/TCT)	241
HPV Genotyping Test	437
Prostate-Specific Antigen (PSA and free PSA)	115